

Don't Miss This Lecture!

**Fasting for Health and Fitness:
You Don't Have to Be Sick to Fast**



**Build your health and
spiritual wealth!**

Dr. Doug Graham

Info: **Date:** Nov. 16, 2007
Time: 6 - 9pm
Cost: \$35.00

Inspya Yoga Studio
Lot 1 Natural Lane
Broken Head Byron Bay

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